



Qualities of a ROH Volunteer

Volunteering with Riders

To work directly with ROH riders, volunteers must be at least 14 years old while physically and mentally capable of performing the following tasks:

- Walking for at least 60 minutes
- Able to tolerate both cold and hot temperatures
- Able to jog for short periods of time keeping up with a walking or trotting horse
- Able to hold arm at shoulder height while supporting modest weight
- Able to listen and follow directions
- Able to communicate with instructors and well as riders
- Possess the maturity to respond calmly and effectively during an emergency situation

Volunteering as a Horse Leader

In addition to all other requirements, working with the ROH horses during a lesson will require extensive horse knowledge as demonstrated during the Horse Leader portion of the volunteer training. Due to the increased responsibilities associated with handling the horses, a horsemanship skills test must be completed prior to the first lesson.